

Possible Contraindications to IEMT

This is not an exhaustive list. Always check with your client for the following that may contraindicate IEMT.

- **Eye disease, injury or surgery including laser eye surgery - If client is 12 months post healing this should be ok but you must check with a Consultant/GP. Epilepsy if not medically controlled.**
- **Epilepsy - There are different types and severity. Permission from Neurological care team may be required.**
- **Head Injury/Trauma or Surgery (length of recovery dependent and checks as above).**
- **Hyperemesis (if current).**
- **Psychiatric Disorders/Psychosis - unless you are medically qualified to work with such disorders. Moderate to Severe Depression unless liaising with a Medical Practitioner.**
- **Stroke - especially if there is muscle and nerve damage to the eye(s) and client is pre 12 months recovery. Check with Consultant.**
- **Vertigo/Ménière's disease/Labyrinthitis, if current - check with GP/Consultant.**
- **Must be completely alcohol & drug free for Eye Movement sessions. Substance abuse is not suitable for a case study.**

Also you may consider getting GP/Doctors consent for:

DVT, Embolism, Heart Disease depending how recent and on severity.